

# PRACTICE JOURNAL

FIRST QUARTER: Aug 24 - Oct 22

NAME: \_\_\_\_\_ INSTRUMENT: \_\_\_\_\_

Directions:

"Practice makes perfect!" Students are expected to practice 90 - 125 minutes a week. Remember, consistency is key. We recommend practice a minimum of 5 days a week for 15 to 20 minutes. At the beginning of each week, we will check your practice record to see your progress. If your parent signed off, then you will receive a sticker! At the end of each quarter, we will collect your practice journal and

Week	Assignment/ Skills	Page	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.	Parent Signature
1										
2										
3										
4										
5										
6										
7										
8										
9										

EXEMPT

## Skills to Practice:

- Notes
- Rhythms
- Dynamics
- Phrasing
- Articulation
- Scales

Check out  
[www.essentialelementsinteractive.com](http://www.essentialelementsinteractive.com)  
for fun and different ways to  
practice!

Final Practice Record is due: Monday, October 26

Student Signature: \_\_\_\_\_ Parent Signature: \_\_\_\_\_